

K-5 LUNCH MENU AUGUST 2019

Monday	Tuesday	Wednesday	Thursday	Friday
5 TEACHER WORKDAY SCHOOL CLOSED	6 TEACHER WORKDAY SCHOOL CLOSED	7 All Beef Hamburger Black Bean Burger Fruit & Yogurt Parfait SB & J Sandwich - French Fries Baked Beans Lettuce/Tomato/Pickle Cheese Slices Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% plain Milk, 1% Chocolate View Nutrients	8 All-Beef Hot Dog Fish Sandwich SB & J Sandwich - Potato Rounds Green Beans Assorted Fruit Ketchup & Mustard Tartar Sauce Milk, 1% plain Milk, 1% Chocolate Cookie View Nutrients	9 Pizza, stuff-crst cheese Pizza, stuff-crst pepp. SB & J Sandwich - Tossed Salad w/ dressing Buttered Corn Assorted Fruit Milk, 1% plain Milk, 1% Chocolate Muffin View Nutrients
12 Chicken Nuggets Fruit &Yogurt Parfait SB & J Sandwich - French Fries Baby Green Peas Assorted Fruit Ketchup Packets Dipping Sauce Milk, 1% plain Milk, 1% Chocolate View Nutrients	13 Breaded Country Steak Chef Salad w/ dressing (vegetarian) SB & J Sandwich - Mashed Potatoes Gravy Green Beans Whole Grain Roll Assorted Fruit Milk, 1% plain Milk, 1% Chocolate Brownie View Nutrients	14 Breaded Chicken Sandwich Spicy Chicken Sandwich Fruit &Yogurt Parfait SB & J Sandwich - Potato Smiles Steamed Broccoli Lettuce/Tomato/Pickle Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% plain Milk, 1% Chocolate View Nutrients	15 Nachos w/ cheese (beef-chick-vegetarian) SB & J Sandwich - Seasoned Rice Chili Beans Lettuce & Tomato Jalapenos/Black Olives Assorted Fruit Salsa Taco Sauce/Sour Cream Milk, 1% plain Milk, 1% Chocolate Pudding Cup View Nutrients	16 Pizza, Cheese Pizza, Mexican Fiestada SB & J Sandwich - Tossed Salad w/ dressing Buttered Corn Assorted Fruit Milk, 1% plain Milk, 1% Chocolate Muffin View Nutrients
19 Corn Dog Fruit &Yogurt Parfait SB & J Sandwich - Seasoned Potato Wedges Green Beans Assorted Fruit Ketchup & Mustard Milk, 1% plain Milk, 1% Chocolate View Nutrients	20 Breaded Cheese Sticks Grab n' Go Box Lunch SB & J Sandwich - Corn Nuggets Fresh Veggies w/ dip Assorted Fruit Marinara Sauce Ketchup Packets Milk, 1% plain Milk, 1% Chocolate Scooby Doo Snack View Nutrients	21 All Beef Hamburger Black Bean Burger Fruit &Yogurt Parfait SB & J Sandwich - French Fries Baked Beans Lettuce/Tomato/Pickle Cheese Slices Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% plain Milk, 1% Chocolate View Nutrients	22 Deli Croissant w/ cheese (turkey-ham-vegetarian) SB & J Sandwich - Bag of Chips Lettuce/Tomato/Pickle Baby Carrots w/ dip Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% plain Milk, 1% Chocolate Cookie View Nutrients	23 Cheese Pizza Buffalo Chicken Pizza SB & J Sandwich - Tossed Salad w/ dressing Buttered Corn Assorted Fruit Milk, 1% plain Milk, 1% Chocolate Muffin View Nutrients
26 Chicken Chili Crisпитos Cheese Quesadilla Fruit &Yogurt Parfait SB & J Sandwich - Seasoned Rice Chili Beans Assorted Fruit Cheese Sauce Salsa Taco Sauce Sour Cream Milk, 1% plain Milk, 1% Chocolate View Nutrients	27 Crispy Chicken Wings Chef Salad w/ dressing (vegetarian) SB & J Sandwich - French Fries Green Beans Tossed Salad w/ dressing Whole Grain Roll Assorted Fruit Ketchup & Mustard Dipping Sauce Milk, 1% plain Milk, 1% Chocolate Brownie View Nutrients	28 Breaded Chicken Sandwich Grilled Chicken Sandwich Fruit &Yogurt Parfait SB & J Sandwich - Potato Smiles Steamed Broccoli Lettuce/Tomato/Pickle Assorted Fruit Ketchup/Mustard/Mayo Milk, 1% plain Milk, 1% Chocolate View Nutrients	29 Cheesy Baked Pasta (meatless available) Pepperoni Hot Pocket SB & J Sandwich - Tossed Salad w/ dressing Garlic Toast Assorted Fruit Marinara Sauce Milk, 1% plain Milk, 1% Chocolate Pudding Cup View Nutrients	30 HALF DAY OF SCHOOL Sack Lunch Upon Request Deli Sandwich (vegetarian available) Bag of Chips Baby Carrots Apple & Eve Fruit Juice Milk, 1% plain Milk, 1% Chocolate Fruit Roll-Up View Nutrients

This institution is an equal opportunity employer
MENU IS SUBJECT TO CHANGE WITHOUT NOTICE
All Fish Served is of US Origin